Gibson Times



Proudly Serving
Senior Citizens Since 1979



Letter from the Director

Do you know how the Gibson Center is funded? There are several pieces to the funding puzzle that make us the high functioning organization you see today.

The services offered by Gibson are partially funded through contracts with the State of New Hampshire. These contracts do not fully fund the services we provide and, as a result, we take part in a variety of fundraising activities to make up the rest.

We recently sent out letters to donors asking for their support of our Spring Appeal fundraiser. Our goal for this fundraiser is \$30,000. Did you receive a letter from me? If yes, we would greatly appreciate it if you could respond and contribute. If

you already have donated to our *Spring Appeal*, thank you very much! Your contribution makes everything Gibson accomplishes possible. You can always make a secure donation through our website, gibsoncenter.org.

Another important fundraising opportunity coming up is NH Gives, which is sponsored by the NH Center for Non-Profits. NH Gives is the state's largest day-of-giving – bringing together



hundreds of nonprofits and tens of thousands of donors to raise as much money and awareness as possible for the causes served by NH's nonprofit sector. This two-day event takes place June 11th and 12th. You can take part in this statewide event by visiting https://www.nhgives.org/ and then search for "Gibson Center" to make a donation.

Thank you for your support!

Highlights

Page 2

Special Events happening throughout month of June

Page 3

Craft Fairs 2024
Ongoing Weekly
Programs

Page 4 & 5

Day Trips
Property Tax Application
Overnight Trips

Page 6 & 7

Ongoing Services

Nutrition Tips

June Special Events

If you missed the **Mighty Kotzschmar Organ and Symphony** concert, you will have a second chance to view it after lunch on Tuesday the 4th.

Ballroom Dance classes start Wednesday afternoons at 4pm. Please register for the class, special start class, only \$72 for 6 classes. We will host a social dance the week after the lessons, on July 17th.



Spring Movie Series: Thursday the 6th, Humphrey Bogart in **Casablanca**; Thursday the 20th, Audrey Hepburn in **Sabrina**.

Plant Exchange: some people may have an extra tomato plant, or cucumber, or maybe flowers or house plants. What ever you grow, if you have extra, bring it in on Thursday the 6th, put it on the table outside the dining room, and someone will give it a good home. If you need just one tomato plant and don't want to buy a whole flat, you may be able to pick one up today





Friday the 14th **Father's Day Lunch**, bring a photo of your father, yourself as a father, or a photo of a father figure. Also bring a story to share, this will make the day special!

Friday the 14th is also **Flag Day**, if you have a flag that needs retiring, the American Legion will have a respectful ceremony for old flags, drop it off before the day.

The new Tai Ji Quan, Moving for Better Balance class is starting on Monday the 17th. Please register for this class.

The Gibson Center will be closed for the Federal Holiday, Juneteenth, June 19th.

First Day of Summer, Longest Day, Thursday the 20th, Dining Room dessert auction. After lunch we will play croquet on the lawn. Any donations for the Longest Day are sent to the Alzheimer's Association.

Tuesday the 25th, the **Gibson Center Book Club** will discuss Louise Penny's first Inspector Gamache book, **Still Life**. Pick up the book, to be swept to a wonderful hidden village on the boarder of Canada and the US.



Thursday the 27th, **Which Witch Hysteria?** Join Rev. John Hughes for a talk and slide show about the history of the witch trials in Danvers and Salem Massachusetts. All are welcome for this after lunch event.

The North Conway Community Center is again hosting summer camp. Our own Anne Marie is now the Programs Coordinator at NCCC. She would like to start a summer pen pal program with the campers, and Gibson participants. This would be a once a week letter to us, and we respond before Thursday. Also on Wednesday, our game day will also offer outdoor lawn games and the campers may join us for this, a chance to spend time with a youngster. Please sign up to partner with the campers.

2024 Gibson Center Crafts and Artisan Festivals

Summer and Fall holiday weekends are special at the Gibson Center because we have **New England Crafters at their best!** They offer fine jewelry, photography, art, pottery, stained glass, floral arrangements, candles, Skinny Towels, handmade bags, Kettle Corn, Maple Syrup products, items for your pets, soap, clothing, quilts, pillows, woodcrafts, wood signs and furniture.

The Craft Fair benefits the Gibson Center for Senior Services, Meals on Wheels Program.

Crafters, find the new, revised 2024 application here: https://www.gibsoncenter.org/craft-fair-rules-application/

This year's Craft Fairs:

- 4th of July July 6th and 7th
- Labor Day Weekend Aug 31st and Sept 1st
- Columbus/Indigenous Weekend Oct. 12th and 13th

Fair Hours: Saturday, 10AM-5PM; Sunday, 9AM-4PM

Fun Programs, Classes, Trips, and Adventures

The Gibson Center has developed a huge menu of programs for seniors of all abilities and interest levels. Much of what we do has come directly from your suggestions, so keep them coming!









Ongoing Weekly Programs

| Monday | Chair Exercise FunDay Tai Ji Quan, Moving for Better Balance New to Medicare; call for an appointment General 1:1 Computer Tutoring | 10:30 AM 12:30 PM 4:00 PM By Appointment By Appointment |
|-----------|--|---|
| Tuesday | Strength, Balance & Stretch Joan Lanoie, Advanced Directive, 2nd Tuesday Fabric Art Babes 4th Tuesday | 10: 00 AM By Appointment 10:00 AM |
| Wednesday | Walking Club Quilt 2nd & 4th weeks Gameday Ballroom Dance Class | 8:30 AM 10: 00 AM 12:30 PM 4:00 PM |
| Thursday | State of NH Veterans Service, 1st & 3rd week Call for your appointment 603-624-9230 X 301 Strength, Balance & Stretch Afternoon rides 2nd & 4th or Movie Series 1st & 3rd Tai Ji Quan, Moving for Better Balance | By Appointment 10:00 AM 12:30 PM 4:00 PM |
| Friday | Computer Classes with Andrea Libby. Call Penny 603-356-3231 Chair Exercise Class Friday Painters, bring your own supplies | By Appointment 10:30 AM 12:30 PM |

Gibson Center Upcoming Day Trips

For all bus trips, please sign up, and pay in advance. Call 603-356-3231. Federal health precautions are followed on the bus. For Door to Door Transportation trips you will be called with your individual pick up time the day before the trip. Many venues will only hold tickets for so long. Please indicate your interest, so we can reserve tickets.

All trips this season have reduced rates due to the generosity of program sponsors.

Monthly trip to the Humane Society, to socialize Cats, first Wednesday each month, after lunch.

First Friday Concerts at the Majestic. Donations accepted for the performance.

• First Friday, June 7, 1 PM Jane O'Brien, vocals, with Mikey Levine on guitar — classic jazz favorites and more

We will visit the **Brownfield Market** after lunch on Wednesday June 26th. They have amazing produce! Bring your own bags.

Swing Band Dancing at Capitol Center for the Arts. June 1st. 3-11:30PM \$50.

Lupine and Polly's Pancakes, June 18th & 21st \$15

Barnstormers Camelot, July 2nd, \$50

Mid Summers Night Dream, Ballet, August 3rd, \$35

Mount Washington Band Concerts: July 9th & 30th, August 6th. Bring a lawn chair, and picnic supper. Bus and band by donation. Door to door home pickups.

John Davidson: Final Summer in Sandwich. August 16th for the Gibson trip. \$50. Dinner on your own at the Corner House.

SeaSide Pavilion Concerts, home pick ups, dinner on your own at Ken's

• Rumors, Fleetwood Mac tribute: July 16th \$52

• Let's Hang On, Frankie Valli tribute: July 19th \$50

Bee Gee's Gold Tribute: August 9th \$50

• Studio 2, Early Beatles Tribute: August 13th \$40



Bedrock Gardens, August 20th. Pick up a picnic lunch at Popovers, and eat it in the beautiful Bedrock Gardens. Spend the afternoon wandering the midsummer gardens. Board the bus at 10, return home about 5:30. \$45 includes admission, transportation, and lunch.

Two Light's State Park, and lunch on your own at the Lobster Shack. August 28th. \$17 includes transportation and admission to the park.

Property Tax Relief Application

Renee Wheaton, our Senior Resource Navigator will be available on June 5 10:00 AM – Noon and June 11 10:00 AM – 2:00 PM to assist anyone with their application for the tax relief program. Please make an appointment with Penny at 603-356-3231. You must own a home subject to the state education property tax; have resided in your home on April 1, 2023; have a total household income of (1) \$37,000 or less if a single person or (2) \$47,000 or less if married or head of a New Hampshire household.



You will need your final property tax bill, showing the "net" assessed value of your home and a copy of your federal tax return for each

claimant and all adult members of your household for the corresponding period. You will also need the MAP and LOT number (which are printed on the property tax bill), home location, and the net assessed value

Gibson Globetrotters: Overnight Trips

Please sign up for all programs: 603-356-3231. Collette has a fantastic insurance policy, one can cancel up to 24 hours before the trip

Collette Tours



Mackinac Island, Tulip Festival: May 1-9, 2025. 9 days, 13 meals. Chicago, Millenium Park, Holland's Tulip Time Festival, Mackinac Island, including two nights in the Grand Hotel, Frankenmuth, Henry Ford Museum & Greenfield Village. Link to the Flyer

Next Year's Trip: Alaska by Land, Summer of 2025, details to follow

Diamond Bus Tours

The Ark Encounter & Creation Museum: October 20-26, 2024. \$965pp/do. Spend a day touring the life size recreation of Noah's Ark, built to the specifications in the Bible! Also visit the Creation Museum, and the Cincinnati Museum in Ohio. Link to the flyer



2025 Bus Trip:



Spring in Boston, for the 250th anniversary of the Shot Heard Round the World. Boston, Lexington, Concord, Salem. May 30-June 2, 2025. \$577 ppdo 3 nights, 6 meals. Link to the flyer

Ongoing Services From the Gibson Center

Senior Resource Navigator - Renee Wheaton helps with troubles like how to apply for government assistance, renew a driver's license, access care or arrange for home services, find durable medical equipment, or the like. Reach her directly at **603-205-0909** or by calling the Gibson Center



Computer Tablet and Chromebook access – We can offer free Tablets and Chromebooks thanks to generous grants from Spectrum, Charter Communications Digital Education Grant – while supplies last.

Computer Training – Andrea Libby of Libby Computer: Fridays 9:00 AM - 12:00 PM and our volunteer experts Mondays - all offer 1-1 training for beginners or more advanced users. Skills training can include setting up email, Zoom, searches, learning how to access medical practice portals for appointments, labs and questions, how to make and participate in Telehealth appointments, online job applications, how to prevent scams and fraud, and smartphones, cameras, photos and games. Call **603-356-3231** to sign up for tutoring.

Personalized Medicare Counseling: If you are turning 65, you need to sign up for a Medicare. To make the best choice for your health situation, meet with an unbiased, and unaffiliated counselor who explains the differences between Original Medicare and Advantage Plans, financial assistance programs, late enrollment penalties, and deferring enrollment. Please call **603-356-3231** to schedule your personal appointment.

Advanced Care Planning – Joan Lanoie. Understand and get help with writing down your options for end-of-life care and making your wishes known. Joan Lanoie can help explain the nuances and implications while also providing helpful advice for family members. Appointment made by calling **603-356-3231**.



Veterans' Administration Benefits Counseling – Counselors come the 1st and 3rd Thursday of each month from 9:00 AM to 3:00 PM by appointment to provide consultation regarding Veteran's Benefits. Call **603-624-9230**, ext. **301**, or email **Jay.Davis@va.gov** to request an appointment directly.

Finding Reliable Health Information – Dr. Charles Felton is a retired pulmonologist who can help you find reliable healthcare websites and research. He can help interpret medical information and misinformation. He will not be acting as a medical provider but be your advocate and guide. Fridays 1:00 PM -3:00 PM by appointment by **603-356-3231**





Stay Warm, Safe and Dry - Home Modification:

Valley homeowners who need a reliable, licensed contractor to help with small modification projects to improve the safety, warmth or tightness of their homes can call Renee Wheaton, who will coordinate with our contractor, Adam Balodis. Sample projects include replacing or repairing porch steps or railings, installing grab bars, improving lighting, changing out air filters, installing smoke or CO alarms, installing ramps, or other repairs that increase health and safety. This is not an emergency

service but one that will be available by request and subject to scheduling. Renee can be reached by calling the Gibson Center at **603-356-3231** or email **staywarm@gibsoncenter.org**

Seasonings from Becky in Nutrition

~Greetings from the Nutrition Office! ~

June bursts with vibrant flavors and colors as we celebrate National Fruit and Vegetable Month! Join us in savoring nature's bounty, from succulent berries to crisp greens. Let's embrace the goodness of fresh produce, nourishing our bodies and delighting our palates with each juicy bite and crunchy munch. Here's a fun fact: Fruits are not necessarily

sweet. Tomatoes are fruit, avocados are fruit, hot chiles are fruits, and cucumbers and squash are fruits. Because they aren't sweet, people think of them (and classify them in recipes and produce departments) as vegetables. However you think of them, the best thing to do with them is EAT PLENTY OF THEM! Here are two quick and easy salad recipes sure to brighten up your plate:



Easy Fruit Salad recipe:

Ingredients

- 1 lb strawberries, hulled and sliced
- 1 pint fresh blueberries
- 2 cups cubed fresh pineapple
- 3 kiwi, peeled and sliced into half moons
- 2 cups seedless red or green grapes, halved
- 3 mandarin oranges or clementines, peeled and sectioned
- 2 Tablespoons lime juice
- 1/4 teaspoon grated lime zest

Instructions

- In a large bowl toss together strawberries, blueberries, pineapple, kiwi, grapes and mandarin oranges. In a small bowl, whisk together lime juice, lime zest and maple syrup, if using.
- Drizzle lime dressing over fresh fruit mixture, toss and serve immediately.
- Store leftovers in an airtight container in the refrigerator for 3-5 days.

Easy Marinated Chopped Veggie Salad:

Ingredients

2 cups cauliflower florets

2 cups cherry or grape tomatoes (~10oz)

2 cups chopped carrots (~4 medium carrots)

1 cucumber, seeded then chopped

1 bell pepper (any color,) seeded then chopped

For the Vinaigrette:

1/2 cup extra virgin olive oil

1/2 cup red wine vinegar

2 Tablespoons minced shallots

4 teaspoons Dijon mustard

2 teaspoons Italian seasoning

2 cloves garlic, pressed or minced

salt and pepper

Directions

- 1. For the Vinaigrette: add ingredients to a jar with a tight-fitting lid or bowl then shake or whisk to combine. Taste then add more salt, pepper, and/or oil if necessary (this dressing is very tart so add more oil if it's too tart for your tastes.)
- 2. Add vegetables to a very large bowl then dress with 3/4 of the vinaigrette. Toss then refrigerate for 4 hours or up to overnight. Toss with remaining vinaigrette and season with salt and pepper to taste just before serving.

Bon Appetite! -Becky

MWV Age-Friendly Community

Summer Walking Group in the Mid-Valley

We are starting an informal, drop in walking (not hiking) group

Weekly for 12 weeks – Using the MWV Age-Friendly Most Walkable Trails listed on mwvagefriendly.org

Meet at the trailhead on Wednesdays at 8:30 AM. Most walks will last about an hour though several could be extended further if any participant chooses to continue on. Rain or Shine. No RSVP required, simply arrive. Friends and neighbors are welcome, but sorry, no dogs.

Towns included are Conway (Intervale, North Conway and Conway), Albany and Madison.

Week 1, May 29: MWV Rec Path - Southern terminus

Week 2, June 5: Pequawket Pond Preserve

Week 3, June 12: Tin Mountain All Accessible Trail

Week 4, June 19: Whitaker Woods

Week 5, June 26: Tin Mountain Conservation Center - Bobcat trail

Week 6, July 3: MWV Rec Path - Northern terminus

Week 7, July 10: Tin Mountain Interpretive Trail - Kennett High School

Week 8, July 17: Madison - All Accessible Ossipee Pine Barrens

Week 9, July 24: Swift River Trail - Albany

Week 10, July 31: Storybook Trail - Theater in the Woods Intervale

Week 11, August 7: Pine Hill Community Trail - Kennett High School

Week 12, **August 14**: Optional return to a favorite or venture up the Kankamagus to Russell Colbath House and Rocky Gorge

Leader – Marianne Jackson, MD phone 603-340-3564 email: agefriendlycommunity@gmail.com

Please consider your having sunscreen, bug spray, tick protection, shading

hat, hiking pole if you are more comfortable, camera, binoculars if you are a birder, water bottle and sunglasses. Your comfort and safety are always important.









Photo from Mother's Day Luncheon

Virtual Performances being shown at Gibson Center

The Mighty Kotzschmar Organ! After lunch June 4th.

Prepare for a thrilling exploration of the organ's significance across musical genres.

The journey begins with a lush slice of music from Franz Schmidt's opera Notre Dame, followed by Franck's rollicking tone poem "The Accursed Huntsman," featuring an imposing brass section.

Next, submerse yourself in the energy of Bach/Stokowski's Toccata and Fugue in D Minor, fueled by its legendary presence in Disney's Fantasia, Twenty Thousand Leagues Under the Sea, and beyond.

Culminating the program is Saint-Saëns' sprawling third symphony, promising a grand finale to this musical odyssey.

The Gibson Center is offering this concert in our seven speaker activity room with a large screen for projection. These are live performances of the Portland Symphony. Programs must be ordered in advance, so please sign up at least one week before the event.



Silver Lake Landing Apartments

Located on the shore of Silver Lake in Madison, NH. Vacancies occur occasionally, call Ken to inquire or to be put on the waiting list

Contact Ken: 603-356-3231, Ext 112



Our Business Supporters







Ballroom Dance Classes

Ballroom Basics is a six-week session where we focus on two ballroom dances (this session, East Coast Swing and the Fox Trot). By the end the goal is for you to feel comfortable dancing a full song in each dance. This is designed for absolute beginners who want to give ballroom dance a try as well as returning dancers who are brushing up on your basics. To reach that goal, along with in-class instruction, you will get handouts of the steps covered and a weekly email with Youtube links to that week's steps. You will also be learning to lead or follow and starting to work on proper body movement and technique. No partner or previous dance experience is necessary, just a willingness to learn!



Join Dance Instructor Elizabeth Converse on Wednesday afternoons from 4-5PM, starting June 5th. We will host a Social Dance on July 17th, so you can practice your moves! We are offering a first time class special, six classes are only \$72 per person. Please register for this class, 603-356-3231.

New Class starts. Tai Ji Quan, Moving for Better Balance

There is a new class of Tai Ji Quan, Moving for Better Balance being offered at the Gibson Center at 4PM on Mondays and Thursday starting June 17th. Call Jill at the Gibson Center for more information, 603-356-3231. Also hoping to resume classes at Silver Lake Landing, call to be put on the notification list.



Tai Ji Quan: Moving for Better Balance (TJQMBB), was developed by Dr Fuzhong Li, PhD, a senior research scientist at the Oregon Research Institute. This nationally recognized evidence based fall prevention program for people with balance challenges is an enhancement of traditional Tai Chi, transforming movements into therapeutic training for balance and mobility.

- Learn 8 simple movements.
- Improve balance by training your body to listen to internal stimuli and respond to external stimuli.
- Through repetition and mini therapeutic exercises, help your reactions become automatic.

Brought to you by the Community Health Council and the NH Falls Prevention Task Force, and the Arthritis Association.

Our Business Supporters



Beasley & Ferber

The Elder and Disability Law Firm

Estate Planning and Elder Law Wills, Trusts and Probate Avoidance Estate Administration & Guardianships Saving Assets from Nursing Home Stays



CALL FOR A SCHEDULE OF FUTURE ESTATE PLANNING SEMINARS AT THE GIBSON CENTER

Please call for information about future presentations 1-800-370-5010

Care Givers

There are three options for caregivers who would like some added support. REACH, a Zoom meeting, and 1:1 Peer Support. Call Jill if you are interested.

REACH: stands for Resources for Enhancing Alzheimer's Caregiver Health in the Community. Caregivers will meet with trained coaches and learn to solve common caregiver challenges. Meeting options are currently in-person, one-on-one coaching, phone, or ZOOM. REACH is funded in part thru Administration on Community Living grant #90ADPI0060.

Caregiver Peer Support: There are caregivers who have probably experienced your challenges and can offer a non-iudgmental ear. Currently caregivers prefer phone calls so they can keep their loved ones safe.

Late Night Zoom Meeting: We realize that many caregivers do not have the luxury of attending a meeting during the day. We are looking to host a later in the evening meeting via zoom for those caregivers who cannot leave their homes for meetings. Please contact Jill for more information, jill@gibsoncenter.org.

Reserve the Sprague Dining Room for your meetings – Online

The beautiful Sprague Dining room and the Glenna Mori Activity room can be reserved for members of the Valley to use for meetings and activities. Reservations for the Dining room can be easily made for available times by going to our website, https://www.gibsoncenter.org/product/sprague-dining-room/

SPRAGUE DINING ROOM: The 65-seat dining room (without kitchen) is available from 8:00-10:00 am weekday mornings and again from 1:00-4:00 in the afternoon and some evenings or weekends by special arrangement. Our calendar of available times and room policies are posted on the website under Book a Room. There is a nominal fee of \$35 for the Dining room that may be waived for non-profits. We hope you will come enjoy the central Valley location, parking, and congenial facilities for your organization meetings, presentations, family gatherings or club events.





GLENNA MORI ROOM: The Activity Room is a 70-person seating capacity program room with projector and 7 high-quality stereo surround-sound speakers or can be used by up to 20 people for exercise and dance. Our fee is \$25 and may be waived for non-profits. The Activity Room can be requested by completing an inquiry form with a response time of 3 business days as we check for availability of this much used space. Online go to https://www.gibsoncenter.org/glenna-mori-activity-room/

Residential Electrician Electrical Repairs Electrical Upgrades Commercial Electrician NO JOB TOO SMALL 603-356-2248

Our Business Supporters



Photos from recent Trips & Events

Trips: Carol King, Beautiful (Tilt'N Diner); Songs from the Sea, Currier Museum (ice cream), Tulip Festival in Ottawa

Events: Mother's Day, Memorial Day























Kudos - Donations

The many people who have called us and offered help! This is such a wonderful community!

Movies: Conway Public Library; Chris & Jo Adams

Michelle O'Donnell for helping to fill our non-food essential pantry

Altrusa: 2nd Tuesday volunteers
Conway Area Humane Society

The Gibson Center Trip Angels

Majestic Theater/Mountain Top Music 15% off

M&D Theater

Little Angel Service Dogs

Book Club: Pamela Memmolo, Conway Public Library,

The Dining Room volunteers, for making us feel special

Vaughn Community Services Food Pantry & Jennifer

Shaws, Wanda Wirling

NH Food Bank

Catholic Charities of NH

Wal-Mart; Phil Spinney

Old Village Bakery

Local Radio Stations:

Easy 95.3 WBNC, 93.5 WMWV, 104.5 WVMJ - Magic.



Our Business Supporters Newsletter Listings

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

LA. Drew Inc (356-6351) has been a leading contractor in the Mount Washington Valley since 1969. Working with homeowners and architects, we can help you build your dream home from the ground up.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Northeast Delta Dental delivers quality dental insurance products and services to individuals and families, and groups of all sizes. We work hard to make dental care more affordable and available to the public.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferriera, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Donate to The Gibson Center

Ways to Give

- 1. Make it VIBRANT: One time or monthly recurring donation
- 2. Make it ABUNDANT: Honor or memorial gift, abundance guild
- 3. Make it LAST: Legacy honor society member, planned giving, charitable bequests, IRA charitable rollover, give appreciated stock, name a charity as the beneficiary of your retirement account

Donation Link

https://www.gibsoncenter.org/donations-ways-to-give/

Gibson Center is a 501(c) (3) and donations are tax deductible & our EIN is 02-0351152.



