

Gibson Times

Barnstormer's Theater to see Camelot



Letter from the Director

As we embrace the heat of this summer, we find ourselves beginning a new fiscal year. During this past budget year we achieved a marked increase in many of our services, expanding our impact on enriching the lives of older adults. Some highlights include:

- Providing nearly 10% more meals than the previous 12 months for a total of 46,989
- Our buses traveled 28,790 miles, which is an increase in 2,100 miles
- Public program participation rose by 14%.

These and our many other successes were only possible due to our volunteers donating 20% more time, when compared to the year before. The intangibles that result in these measurable successes are priceless. To consider the cascading effect of these acts of service is truly humbling.

Of course, the efforts of all the staff are pivotal to the success of our programs and services. They have also been an incredible resource for me, as I have begun my service as the executive director. I sincerely thank each of them. Each day they show up to serve the community with joy and purpose.

I look forward to the boundless potential that lies ahead. We will strive to enhance our significant impact across the Mount Washington Valley. I encourage you to join us. Come take a tour, get involved or offer financial support. Bring your energy and resources and find out how you can connect with our seniors.

With gratitude,

David

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August Special Events

Our **Summer Movie Series** will feature our favorite Musicals! For movies with closed captioning, you are invited to sing along!

Musical Summer movies:

- Hello Dolly August 1st, Annie August 15th
- Cats September 5th, Hamilton September 19th

The Sprinkler System will be worked on August 6th and 7th. The **Strength, Balance, and Stretch class will be on the patio**, weather permitting.

Elaine Klement **Arts & Craft Class**. Thursday the 8th, need signups by Monday the 5th so she can have enough supplies for the class. This month, a very easy pour paint class, see the beautiful photos!

Monday the 12th, we will offer the **Virtual Dementia Tour** after lunch. Please register for this free experiential event. This is an opportunity to learn about life as perceived by people with sensory losses. Dementia can cause these losses, as well as other factors such as age related vision loss, or the side effects of a stroke or diabetes. Learn what your peers may be experiencing. This is also a great training for people who want to volunteer in the Friendly Visitor Program, and also for people who interact with or care for people with sensory loss or dementia. The Virtual Dementia Tour is funded in part thru Administration on Community Living grant #90ADPI0060

FlatBread restaurant will donate a portion of the cost of each flatbread they sell on Tuesday the 20th. Invite your friends and family to support this delicious event!

Dance Social, and sneak peak at next class, on Wednesday, the 21st. From 4-5, dance instructor, Elizabeth Converse will offer a look at her next dance session featuring the Waltz and the Cha-Cha. Then from 5-6, she will play music featuring the dances we have learned, as well as the new ones. The pre-class instruction is \$10, and the dance social is \$7 plus a donation to our non food pantry.

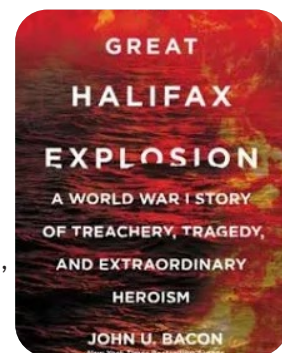
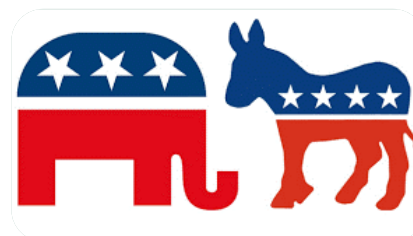
It is time again for the elections. These are so important!

1. Each candidate will have 5 minutes, to be used as he or she thinks best
 - Most candidates share their platform
 - Some say why they are better than their opponents
 - Questions are discouraged, as most question askers take up the entire 5 minutes asking the question, then there is no time for the candidate to speak.
2. For the Primary, I have opted to offer the Forum by the parties, as even then it will be a couple of hours for each
3. There will be a Forum on October 17th for all who are on the ballot for the November General Election.
4. Voters can and do attend both forums.
 - The **Democratic Forum** is August 22nd, starting at 12:30
 - The **Republican Forum** is August 29th, starting at 12:30
 - The newspaper, and TV will be present, and sometimes radio also attends

5. Come for lunch, and get to chat with the people in the dining room. Lunch is served at 11:30

The **Gibson Book Club** will meet after lunch on Tuesday the 27th, to discuss their latest read, **The Great Halifax Explosion by John U. Bacon**.

Dance Class starts: Learn the Waltz, and the Cha-Cha. This six week class will teach you enough moves to be able to dance an entire song. In addition to in class dance time, Elizabeth sends out weekly video links and handouts for each dance move. The class is \$90 per person, payable at the first class, and meets August 28th-October 9th, with a dance social to follow the class.



2024 Gibson Center Crafts and Artisan Festivals



Summer and Fall holiday weekends are special at the Gibson Center because we have **New England Crafters at their best!** They offer fine jewelry, photography, art, pottery, stained glass, floral arrangements, candles, Skinny Towels, handmade bags, Kettle Corn, Maple Syrup products, items for your pets, soap, clothing, quilts, pillows, woodcrafts, wood signs and furniture.

The Craft Fair benefits the Gibson Center for Senior Services, Meals on Wheels Program.

Crafters, find the new revised 2024 application here: <https://www.gibsoncenter.org/craft-fair-rules-application/>

This year's remaining Craft Fairs:

- Labor Day Weekend – Aug 31st and Sept 1st
- Columbus/Indigenous Weekend – Oct. 12th and 13th

Fair Hours: Saturday, 10AM-5PM; Sunday, 9AM-4PM

Fun Programs, Classes, Trips, and Adventures

The Gibson Center has developed a huge menu of programs for seniors of all abilities and interest levels. Much of what we do has come directly from your suggestions, so keep them coming!



Ongoing Weekly Programs

Monday	Chair Exercise FunDay Tai Ji Quan, Moving for Better Balance New to Medicare; call for an appointment General 1:1 Computer Tutoring	10:30 AM 12:30 PM 4:00 PM By Appointment By Appointment
Tuesday	Strength, Balance & Stretch Joan Lanoie, Advanced Directive, 2nd Tuesday Fabric Art Babes 4th Tuesday	10:00 AM By Appointment 10:00 AM
Wednesday	Walking Club Quilt 2nd & 4th weeks Gameday Ballroom Dance Class	8:30 AM 10:00 AM 12:30 PM 4:00 PM
Thursday	State of NH Veterans Service, 1st & 3rd week Call for your appointment 603-624-9230 X 301 Strength, Balance & Stretch Afternoon rides 2nd & 4th or Movie Series 1st & 3rd Tai Ji Quan, Moving for Better Balance	By Appointment 10:00 AM 12:30 PM 4:00 PM
Friday	Computer Classes call for an appointment Call Penny 603-356-3231 Chair Exercise Class Friday Painters, bring your own supplies	By Appointment 10:30 AM 12:30 PM

Gibson Center Upcoming Day Trips

For all bus trips, please sign up and pay in advance. Call **603-356-3231**. Federal health precautions are followed on the bus. For Door to Door Transportation trips you will be called with your individual pick up time the day before the trip. Many venues will only hold tickets for so long. Please indicate your interest, so we can reserve tickets.

All trips this season have reduced rates due to the generosity of program sponsors.

Monthly trip to the **Humane Society, to socialize Cats**, first Wednesday each month, after lunch.

First Friday Concerts at the Majestic. Donations accepted for the performance.

- **First Friday, August 2nd, 1 PM** Chad Cummings and friends.

We will visit the **Brownfield Market** after lunch on Friday August 23rd. They have amazing produce! Bring your own bags.

Learn about Bocce: Join us after lunch on Monday, August 5th (Tuesday the 6th rain date), to visit Christmas Mountain and the Bocce Courts. Tony Simone will share the joy of the game!

Mount Washington Band Concerts: July 30th, August 6th. Bring a lawn chair, and picnic supper. Bus and band by donation. Door to door home pickups.

SeaSide Pavilion Concerts, home pick ups, dinner on your own at Ken's

- **Bee Gee's Gold Tribute:** August 9th \$50
- **Studio 2, Early Beatles Tribute:** August 13th \$40

Bedrock Gardens, August 20th. Pick up a picnic lunch at Popovers, and eat it in the beautiful Bedrock Gardens. Spend the afternoon wandering the midsummer gardens. Board the bus at 10, return home about 5:30. \$45 includes admission, transportation, and lunch.

Two Light's State Park, and lunch on your own at the Lobster Shack. Wednesday, August 28th, and Tuesday, September 3rd. \$17 includes transportation and admission to the park.

Primary Election Day: Tuesday, September 10th, transportation to the polls after lunch for Conway voters.

Senior Day at the Farmer's Market, Tuesday September 10th. Bus by donation will offer transportation, no need to worry about parking!

Senior Day at the Fryeburg Fair: Tuesday October 1st, the fair is free for all over 65. The bus is by donation, we leave Gibson at 9AM and return about 3PM. Bring money for the food, and crafts.

Lunch and a Show at the Town & Country. Join us for your choice of Prime Rib or Atlantic Salmon, and a show featuring **Cecile Bilodeau**, who sings the music of Connie Francis and Brenda Lee. Show, Meal, Tax, Tip, and transportation for only \$50. Please state your meal preference when signing up. Tuesday, October 8th. Traveling through the notch we should see beautiful foliage.



The Magic of Christmas, Cirque Style. December 13th, join us for this very popular event. We will stop for lunch on your own at the Sebago Brewery. The show and transportation are only \$55.



Look What I Found at the Gibson Thrift Shop!

This is a pair of vintage Pajar Pony Hair boots! They are in excellent condition and look like they were rarely worn. A famous online resell shop has a pair for sale at \$250 from the original \$450 price. Come try on these size 7 beauty booties today. We are open Monday through Saturday 10am-2pm. Phone: [603-356-3231](tel:603-356-3231)

Yes we are taking donations again! Here are the guidelines. We are taking gently used and new clothing and shoes, home décor, and framed art in good shape. Other items we are seeking include small furniture pieces or small lamps, outdoor and ski apparel, and jewelry.



Since our goal is to raise money for the Gibson Center and all the wonderful services they provide like Meals on Wheels, transportation services and social and educational programs to seniors in northern Carroll County, we need to select items that our shop can sell. Our volunteers are up to their eyeballs trying to sort through donations. We ask that you donate in small drop offs during the week from 10am-1pm. Ask to see Ingrid.



Gibson Globetrotters: Overnight Trips

Please sign up for all programs: [603-356-3231](tel:603-356-3231). Collette has a fantastic insurance policy, one can cancel up to 24 hours before the trip

Collette Tours



Mackinac Island, Tulip Festival: May 1-9, 2025. 9 days, 13 meals. Chicago, Millenium Park, Holland's Tulip Time Festival, Mackinac Island, including two nights in the Grand Hotel, Frankenmuth, Henry Ford Museum & Greenfield Village. [Link to the Flyer](#)

Explore Northern Italy: October 23-31, 2025. 9 days, 12 meals. Unpack once. Visit Treviso, Tiramisu-making demonstration, Verona, Murano Glass-Blowing demonstration, Venice, Asolo, Prosecco Winery Tour, The Dolomites, Bassano del Grappa, Venetian Villa Visit. [Link to the Flyer](#)



Next Year's Trip: Alaska by Land, Summer of 2025, details to follow

Diamond Bus Tours

2025 Bus Trip:



Spring in Boston, for the 250th anniversary of the Shot Heard Round the World. Boston, Lexington, Concord, Salem. May 30-June 2, 2025. \$577 ppdo 3 nights, 6 meals. [Link to the flyer](#)

Ongoing Services From the Gibson Center

Senior Resource Navigator – Renee Wheaton helps with troubles like how to apply for government assistance, renew a driver’s license, access care or arrange for home services, find durable medical equipment, or the like. Reach her directly at **603-205-0909** or by calling the Gibson Center



Computer Tablet and Chromebook access – We can offer free Tablets and Chromebooks thanks to generous grants from Spectrum, Charter Communications Digital Education Grant – while supplies last.

Computer Training – David Smolen: Fridays 9:00 AM - 12:00 PM and our volunteer experts Mondays - all offer 1-1 training for beginners or more advanced users. Skills training can include setting up email, Zoom, searches, learning how to access medical practice portals for appointments, labs and questions, how to make and participate in Telehealth appointments, online job applications, how to prevent scams and fraud, and smartphones, cameras, photos and games. Call **603-356-3231** to sign up for tutoring.

Personalized Medicare Counseling: If you are turning 65, you need to sign up for a Medicare. To make the best choice for your health situation, meet with an unbiased, and unaffiliated counselor who explains the differences between Original Medicare and Advantage Plans, financial assistance programs, late enrollment penalties, and deferring enrollment. Please call **603-356-3231** to schedule your personal appointment.

Advanced Care Planning – Joan Lanoie. Understand and get help with writing down your options for end-of-life care and making your wishes known. Joan Lanoie can help explain the nuances and implications while also providing helpful advice for family members. Appointment made by calling **603-356-3231**.



Veterans’ Administration Benefits Counseling – Counselors come the 1st and 3rd Thursday of each month from 9:00 AM to 3:00 PM by appointment to provide consultation regarding Veteran’s Benefits. Call **603-624-9230, ext. 301**, or email **Jay.Davis@va.gov** to request an appointment directly.

Finding Reliable Health Information – Dr. Charles Felton is a retired pulmonologist who can help you find reliable healthcare websites and research. He can help interpret medical information and misinformation. He will not be acting as a medical provider but be your advocate and guide. Fridays 1:00 PM -3:00 PM by appointment by **603-356-3231**



Stay Warm, Safe and Dry - Home Modification:

Valley homeowners who need a reliable, licensed contractor to help with small modification projects to improve the safety, warmth or tightness of their homes can call Renee Wheaton, who will coordinate with our contractor, Adam Balodis. Sample projects include replacing or repairing porch steps or railings, installing grab bars, improving lighting, changing out air filters, installing smoke or CO alarms, installing ramps, or other repairs that increase health and safety. This is not an emergency service but one that will be available by request and subject to scheduling. Renee can be reached by calling the Gibson Center at **603-356-3231** or email **staywarm@gibsoncenter.org**

Seasonings from Becky in Nutrition

~Greetings from the Nutrition Office! ~

National Wellness Month, celebrated throughout August, encourages individuals to prioritize self-care and holistic well-being. It promotes healthy habits such as exercise, mindfulness, nutrition, and stress management, aiming to enhance physical, mental, and emotional health. Join in by exploring new wellness practices and nurturing a balanced lifestyle for a happier, healthier you.



Studies suggest that regular seafood consumption may lower the risk of Alzheimer's, cognitive issues, glaucoma, inflammation from rheumatoid arthritis, and even protect against bone loss. Grill up some salmon, shrimp, or a delicious fish fillet to add a healthy twist to your barbecue menu. So dust off your grill, don your apron, and celebrate National Grilling Month with delicious meals and good company!

1. Base your meals on higher fiber starchy carbohydrates (i.e., unprocessed or minimally processed whole grains, vegetables, fruits, and beans).
2. Eat lots of fruit and vegetables.
3. Eat more fish, including a portion of oily fish (Salmon, mackerel and trout come to mind)
4. Cut down on saturated fat and sugar, if you can- it can be hard—it's okay to do it slowly.
5. Eat less salt: no more than 6g a day for adults is what's recommended.
6. Get active — join our walking group, or an exercise class- the physical activity is wonderful and the camaraderie even better.
7. Don't let yourself get thirsty (i.e., drink enough water). Yes, your coffee and tea do count for a portion of that.
8. Don't skip breakfast- even just a handful of nuts or a hard boiled egg will go a long way to getting your metabolism going.

Bon Appetite! -Becky

Board Member Spotlight: Barbara Campbell

Currently comprised of 12 members, the Board of Directors is the governing authority of the Gibson Center. With backgrounds in accounting, banking, law, public health, social work, medicine and business, the Board works with the staff to develop policies and plans to ensure the mission of the Gibson Center is carried out. The current President of the Gibson Center is Barbara Campbell.

My name is Barbara Campbell and I'm proud to represent Gibson Center as the President of the Board of Directors.

I have worked in both corporate and public accounting (as a CPA) for over 40 years. I currently have my own practice that provides accounting, human resources, payroll, and business consulting for small businesses in the Mount Washington Valley.

In addition to the Gibson Board, I am also the President of the Board of Directors for Children Unlimited and Chair of the Select Board in the Town of Jackson. I love to be involved in the community and help wherever I can.

I've been visiting Jackson since I was very young and have lived here permanently with my family since 2016. The Valley is an amazing place to raise a family at any age.

A fun fact about me is that I grew up in New Jersey on a farm where my family raised and showed Quarter Horses. I traveled all over the country and qualified for National Competition when I was 17. What a great experience!

For more information about the Board of Directors contact Executive Director David Smolen.



Isabelle Eldridge Elected to the Board of Directors



At their July 26th meeting held at Silver Lake Landing, the Gibson Center Board of Directors unanimously approved Ms. Isabelle Eldridge as its newest member. A resident of Eaton, Ms. Eldridge serves the community in the Primary Care Department at Memorial Hospital as an Outpatient Social Worker. In that role she supports patients by connecting them with community resources that promote independence and healthy habits.

In her spare time, she loves to be outside with her significant other and two dogs fishing, hiking and snowmobiling. Board President Barbara Campbell said, "We are very happy to have Isabelle join the Gibson Board. Her skill set and connections at Memorial will undoubtedly help Gibson further our mission."

New to Medicare – Individual Counseling

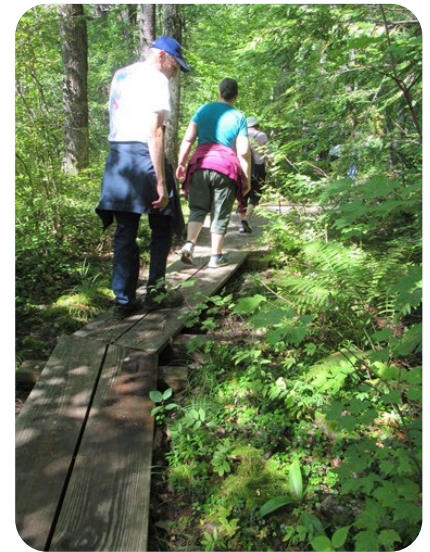
New to Medicare. Anyone turning 65 has to make informed decisions about Medicare enrollment. It can be a daunting experience. Let Ele Border introduce you to your options in an unbiased, unaffiliated and pleasantly educational manner. She is meeting with individuals or couples for counseling sessions. All people turning 65 have 6 months to sign up for Medicare (3 months before and the three months after one turns 65) without a penalty in the future. She can explain your options and how to understand the differences between Medicare Advantage Plans and traditional Medicare. Please call **603-356-3231** to schedule your personal appointment with Ele.



MWV Age-Friendly Community

Summer Walking Group in the Mid-Valley. We have an informal, drop in walking (not hiking) group. Weekly for 12 weeks – Using the MWV Age-Friendly Most Walkable Trails listed on <https://www.mwvagefriendly.org/discover-mid-valleys-natural-beauty-with-our-summer-walking-group/>

Meet at the trailhead on Wednesdays at 8:30 AM. Most walks will last about an hour though several could be extended further if any participant chooses to continue on. Rain or Shine. No RSVP required, simply arrive. Friends and neighbors are welcome, but sorry, no dogs. Towns included are Conway (Intervale, North Conway and Conway), Albany and Madison.



Our August Trails:

Week 11, August 7th: Pine Hill Community Trail – Kennett High School

Week 12, August 12th: Return to Whitaker Woods

Leader – **Marianne Jackson, MD** phone 603-340-3564 email: agefriendlycommunity@gmail.com

Please consider your having sunscreen, bug spray, tick protection, shading hat, hiking pole if you are more comfortable, camera, binoculars if you are a birder, water bottle and sunglasses. Your comfort and safety are always important.

Our Business Supporters



Locally Owned / Caring Pharmacist
3631 White Mt Highway, North Conway
603-730-5432



Nancy M. Cavalieri, CFE

Landline (603) 323-7557
Cellphone (603) 986-3836
nancymcavalieri.cfe@gmail.com

Elder and Probate Accounting

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Free estimates on your design plans.
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Losing heat through your windows?

The Tin Mountain Energy team will again be hosting a Window Dressers Community Build this fall to build simple, tight, pine frame insulation inserts for leaky windows to cut down heat loss in winter. While the inserts won't be built until October, customers need to sign up now to reserve limited spaces. Signing up reserves your place but does not commit you to any purchase. Local volunteers will be measuring windows this summer and the inserts will be



built at a barn-raising style community workshop in the fall, keeping the costs very low. When cared for, the inserts last about 8 years and can cut heating expenses by 30-40%. They cost about \$55 each depending on the actual measured size and pay for themselves in a couple years.



If you are interested in learning more or are ready to sign up, contact Nora at nbeem@tinmountain.org or visit <https://windowdressers.org>. Scholarship funds are available for low-income households.

Our Business Supporters

The right bank makes a real difference

Click: northwaybank.com

Call: **800-442-6666**

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**CALL FOR A SCHEDULE OF FUTURE
ESTATE PLANNING SEMINARS AT THE
GIBSON CENTER**

Please call for information about future presentations
1-800-370-5010

Care Givers

There are three options for caregivers who would like some added support. REACH, a Zoom meeting, and 1:1 Peer Support. Call Jill if you are interested.

REACH: stands for Resources for Enhancing Alzheimer's Caregiver Health in the Community. Caregivers will meet with trained coaches and learn to solve common caregiver challenges. Meeting options are currently in-person, one-on-one coaching, phone, or ZOOM. REACH is funded in part thru Administration on Community Living grant #90ADPI0060.

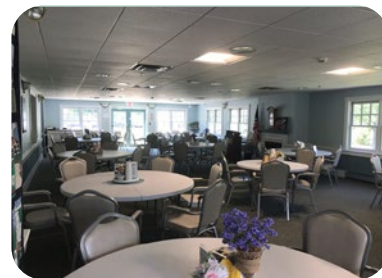
Caregiver Peer Support: There are caregivers who have probably experienced your challenges and can offer a non-judgmental ear. Currently caregivers prefer phone calls so they can keep their loved ones safe.

Late Night Zoom Meeting: We realize that many caregivers do not have the luxury of attending a meeting during the day. We are looking to host a later in the evening meeting via zoom for those caregivers who cannot leave their homes for meetings. Please contact Jill for more information, jill@gibsoncenter.org.

Reserve the Sprague Dining Room for your meetings – Online

The beautiful Sprague Dining room and the Glenna Mori Activity room can be reserved for members of the Valley to use for meetings and activities. Reservations for the Dining room can be easily made for available times by going to our website, <https://www.gibsoncenter.org/product/sprague-dining-room/>

SPRAGUE DINING ROOM: The 65-seat dining room (without kitchen) is available from 8:00-10:00 am weekday mornings and again from 1:00-4:00 in the afternoon and some evenings or weekends by special arrangement. Our calendar of available times and room policies are posted on the website under Book a Room. There is a nominal fee of \$35 for the Dining room that may be waived for non-profits. We hope you will come enjoy the central Valley location, parking, and congenial facilities for your organization meetings, presentations, family gatherings or club events.



GLENNA MORI ROOM: The Activity Room is a 70-person seating capacity program room with projector and 7 high-quality stereo surround-sound speakers or can be used by up to 20 people for exercise and dance. Our fee is \$25 and may be waived for non-profits. The Activity Room can be requested by completing an inquiry form with a response time of 3 business days as we check for availability of this much used space. Online go to <https://www.gibsoncenter.org/glenna-mori-activity-room/>

TIM DI PIETRO



- Residential Electrician
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Our Business Supporters



2448 Main Street
North Conway, NH 03860
603.356.5819

info@northcountryfairjewelers.com

Photos from recent Trips & Events

Trips: Barnstormer's; First Friday (Birds on a Wire); Trail's End; Old Orchard Beach, Cat visits at the Humane Society, The Mount Washington Valley Band Concerts, Cone for a Cause

Events: Which Witch Trial?; Age Friendly Trail App.; NCCC Summer Camp pen pal visits



Kudos - Donations

The many people who have called us and offered help! This is such a wonderful community!

Cone for a Cause: The Clarks and Trail's End Scoop Shop

Farm Fresh Veggies: Sherman Farms; Davis Natural Produce

Age Friendly Trail App Presentation: Richard Allmendinger

Tips to Stretch Your Dollars: Renee Wheaton

Which Witch Trial? John Hughes

Movies: Conway Public Library

Rozie May & Alyce for helping to fill our non-food essential pantry.

Age Friendly Weekly Walks: Marianne Jackson

Altrusa: 2nd Tuesday volunteers

Conway Area Humane Society

The Gibson Center Trip Angels

Majestic Theater/Mountain Top Music 15% off

M&D Theater

Little Angel Service Dog, Eleanor!

Book Club: Pamela Memmolo, Conway Public Library

The Dining Room volunteers, for making us feel special

Vaughn Community Services Food Pantry & Jennifer

Shaws, Wanda Wirling

NH Food Bank

Catholic Charities of NH

Wal-Mart; Phil Spinney

Old Village Bakery

Local Radio Stations:

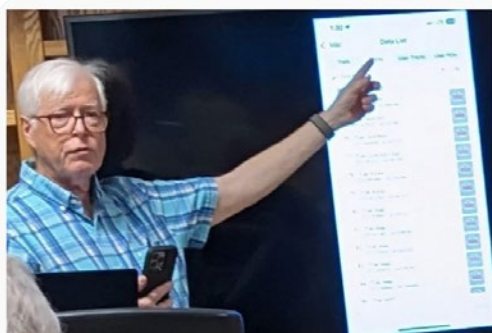
Easy 95.3 WBNC,

93.5 WMWV,

104.5 WVMJ - Magic.



Trail's End Scoop Shop



Age Friendly Trail App Presentation:
Richard Allmendinger



Which Witch Trial? John Hughes

Our Business Supporters Newsletter Listings

Beasley & Ferber, P.A. (1-800-370-5010) David Ferber, estate planning including avoiding probate, protecting assets from nursing homes, avoiding state taxes, and elder law.

Chalmers Insurance (356-6926) Steve Cote, full line of personal and business insurance, including Long term care, life and annuities.

Coleman Alvin J. & Son (447-5936) 9 NH Route 113, Conway. General Contractor

First Allied Securities (356-9371) 3277 White Mt. Hwy. Investments including Stocks, Bonds, Annuities, Retirement, College Planning

Gamwell, Caputo & Co., PLLC (447-3356 or fax 447-6563) Dave Caputo, certified public accountants providing tax, accounting, and financial statement services for businesses, individuals, trusts and estates.

H.R. Hoyt Construction Inc. (447-2612) Conway, NH. Poured Concrete

LA. Drew Inc (356-6351) has been a leading contractor in the Mount Washington Valley since 1969. Working with homeowners and architects, we can help you build your dream home from the ground up.

Memorial Hospital (356-5461) The community hospital of Mt. Washington Valley. Your partner in good health.

North Country Fair Jewelers (356-5819) Brian Smith, Main St, N Conway. Diamonds, gold and silver jewelry, coins, pearls, watches, clocks and antiques. Repairs, appraisals, buy, sell and trade.

NorthEast Auto Body (356-5808) David Smith, 530 Eastman Road, North Conway, N.H.

Northeast Delta Dental delivers quality dental insurance products and services to individuals and families, and groups of all sizes. We work hard to make dental care more affordable and available to the public.

Notchland Inn (374-6131) Harts Location, NH Romantic dining and lodging.

Settlers Green Outlet Village (356-7031) over 60 stores. Every Tuesday is Senior discount day at participating stores.

Varsity Beverage Conway (447-5445) Distributor of Pepsi Cola, Schweppes, Dole Juices, Lipton Tea, Gatorade, Aquafina Water, Mountain Dew, Mug Root Beer, Frappuccino, and Hawaiian Punch.

White Mountain Oil and Propane (356-6386) The Saunders Family, oil and propane, major appliances.

Yankee Smokehouse Restaurant (539-7427) Joseph Ferreira, Jct. Route 16 & 25 in West Ossipee. Real open pit barbecue.

Donate to The Gibson Center

Ways to Give

1. Make it VIBRANT: One time or monthly recurring donation
2. Make it ABUNDANT: Honor or memorial gift, abundance guild
3. Make it LAST: Legacy honor society member, planned giving, charitable bequests, IRA charitable rollover, give appreciated stock, name a charity as the beneficiary of your retirement account

Donation Link

<https://www.gibsoncenter.org/donations-ways-to-give/>

Gibson Center is a 501(c) (3) and donations are tax deductible & our EIN is 02-0351152.

